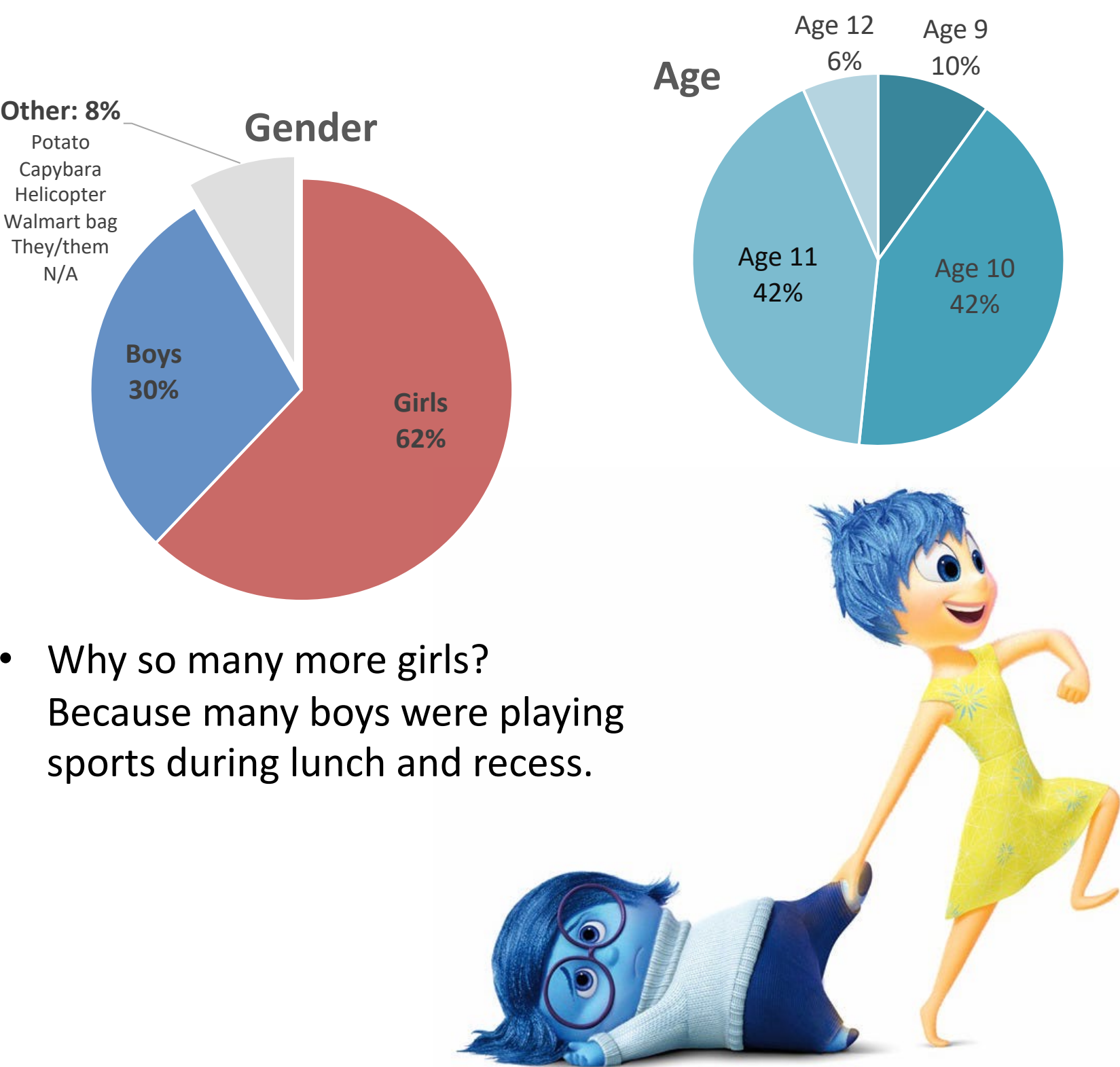


Beyond Pink and Blue: Exploring Gender Differences in Emotions

Participants & Data

- 4th, 5th & 6th graders at my public elementary school
- Completed a 5-item survey during lunch & recess
- Each participant received a water bottle sticker ☺
- Total participants: N=94



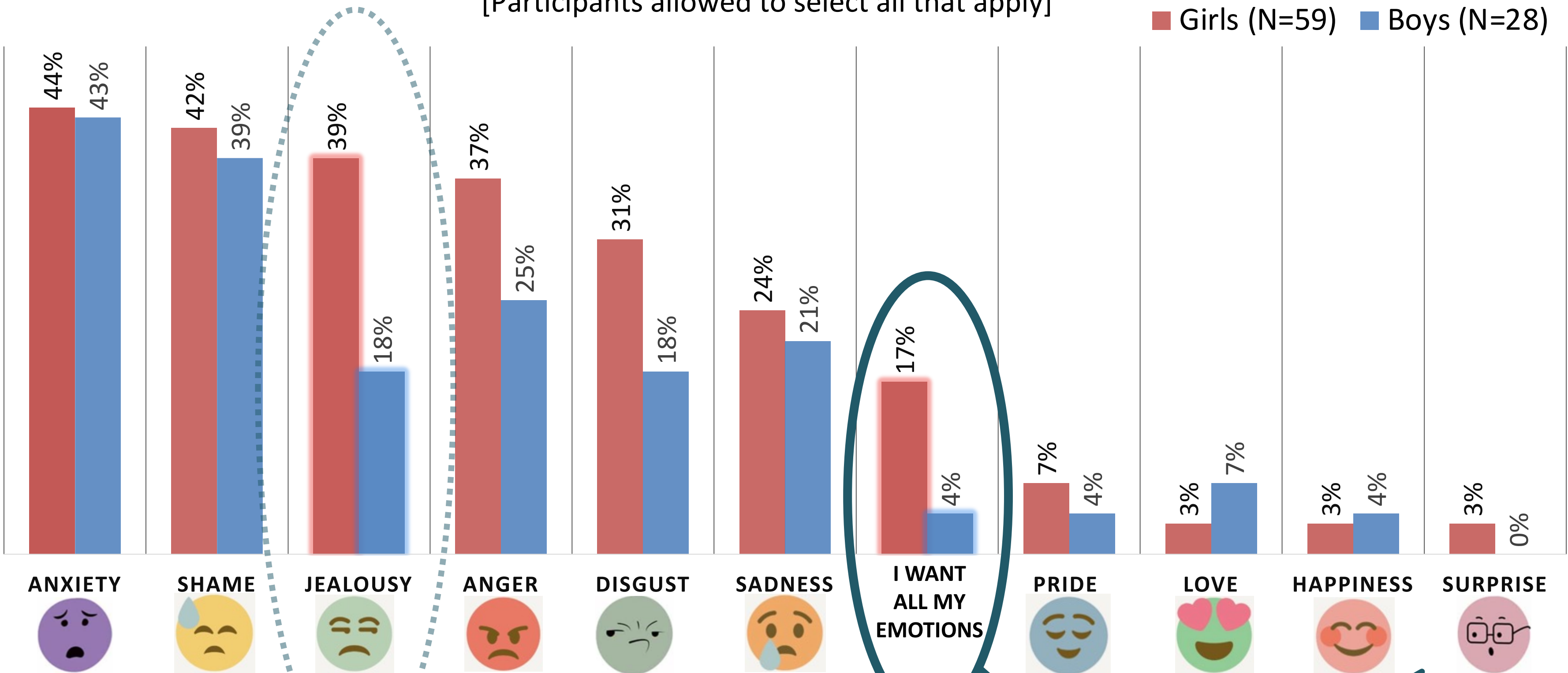
This study was inspired in part by the movie Inside Out.

Question 1: What emotions do kids want to avoid the most?

WHAT PERCENTAGE OF GIRLS AND BOYS WISH THEY WOULD **NEVER** FEEL THESE EMOTIONS?

[Participants allowed to select all that apply]

Girls (N=59) Boys (N=28)

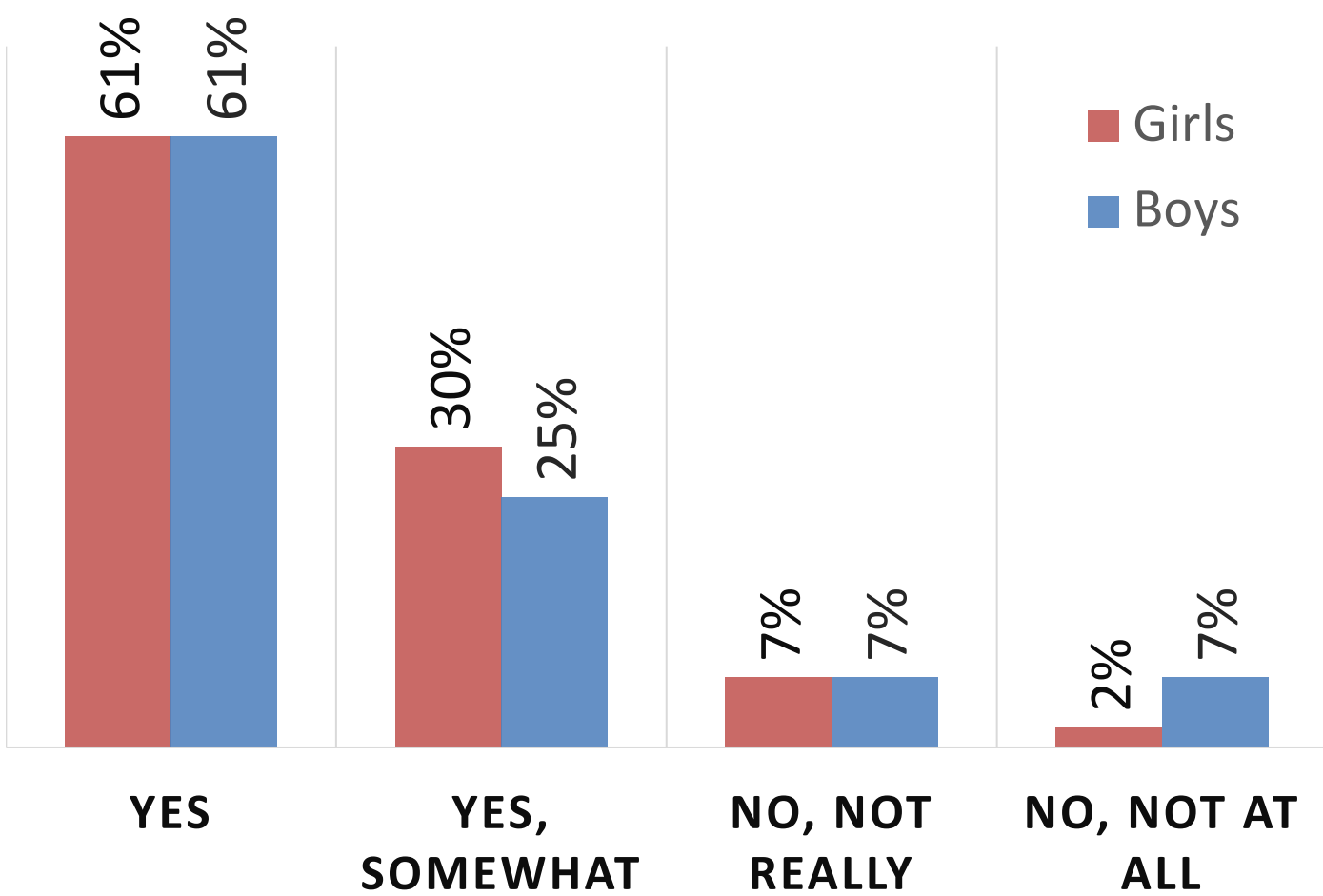


Compared to boys, girls were *twice* as likely to select jealousy as an emotion they wish they would never feel. Results were similar for anger and disgust.

Girls are WAY MORE likely to want **ALL** of their emotions.

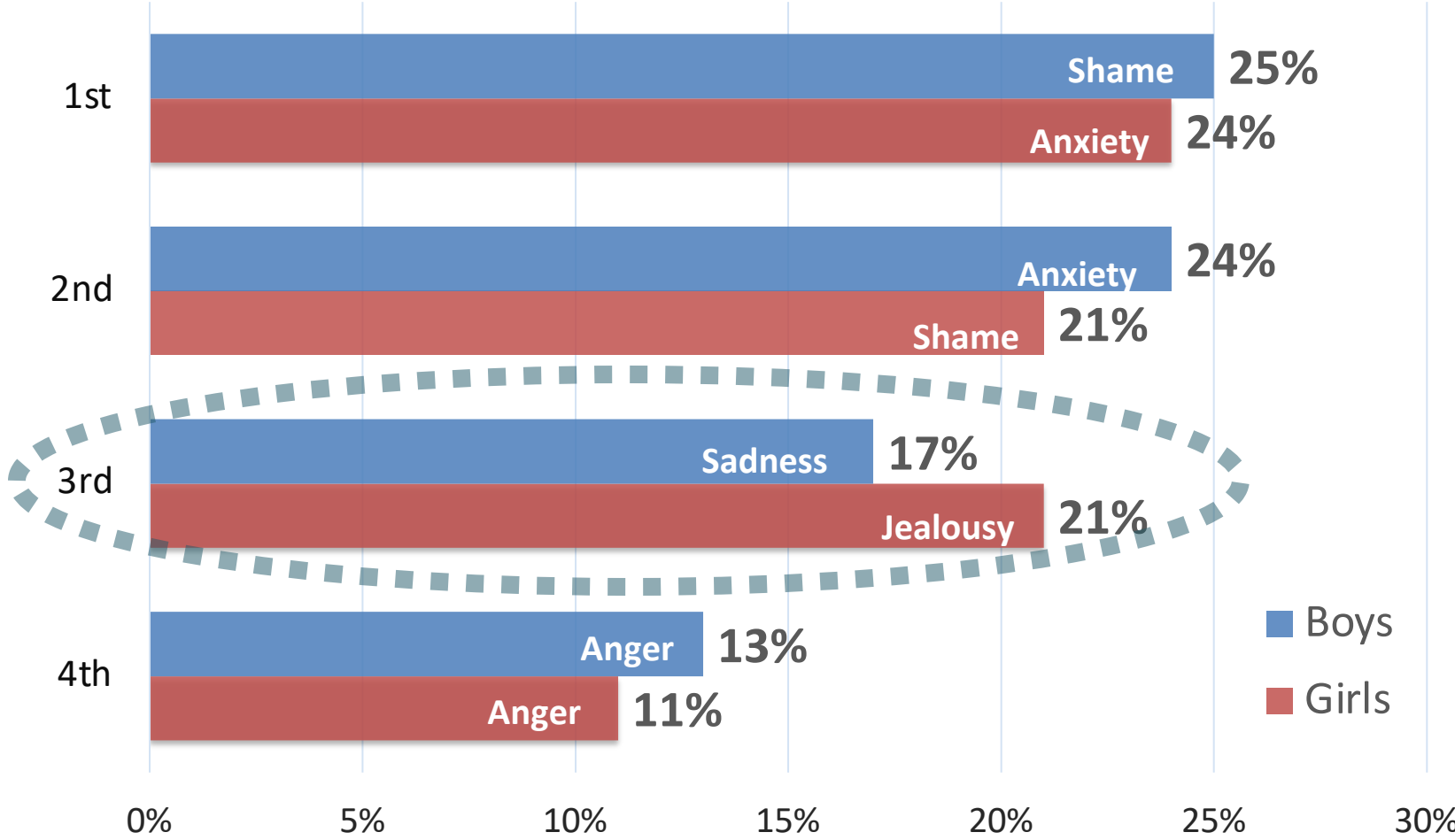
Question 2: Are girls more sensitive to their emotions? No.

ARE YOU ABLE TO FEEL EMOTIONS IN YOUR BODY?



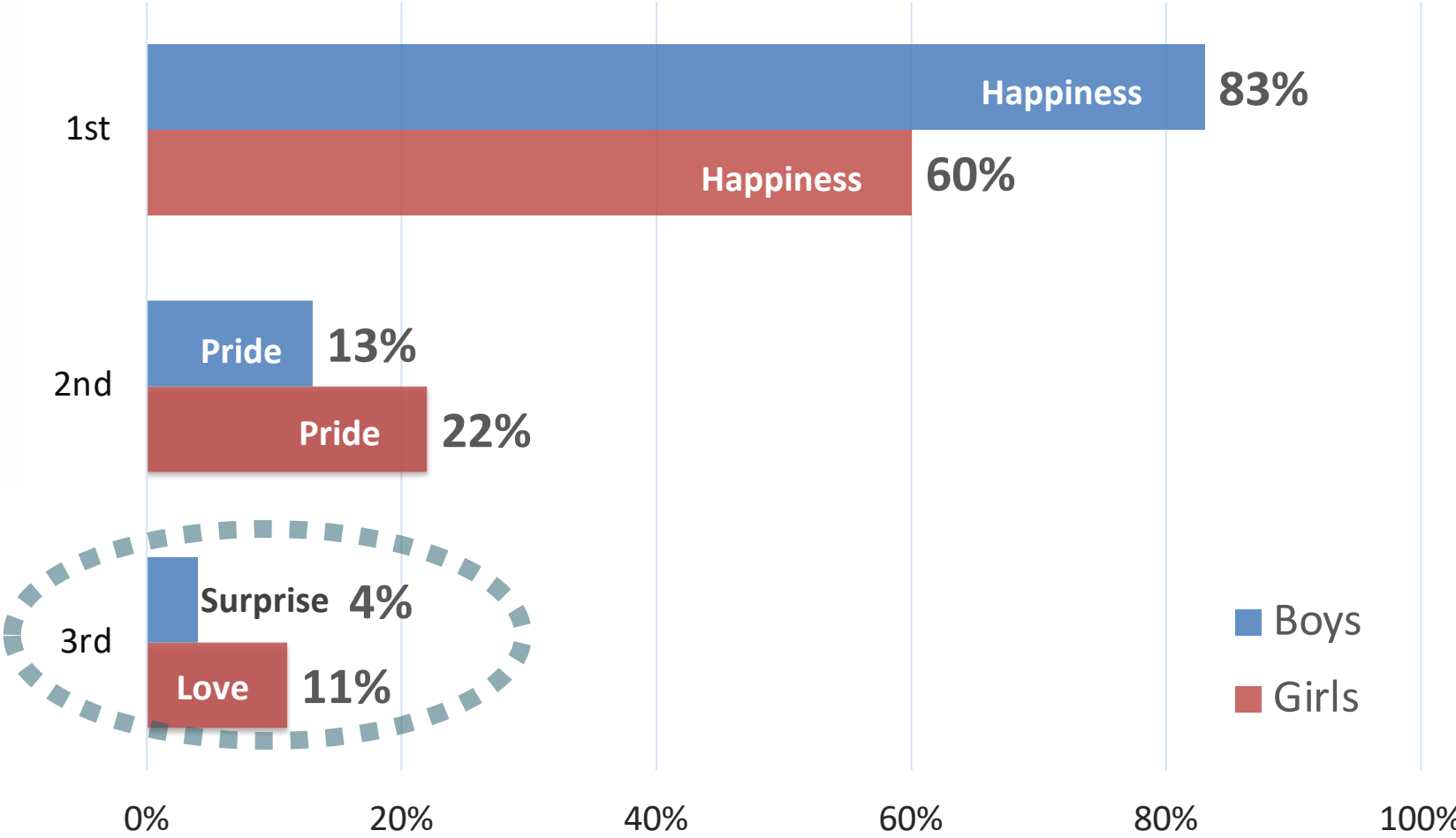
Question 3. Which emotions *feel* BEST and WORST?

WHICH EMOTION DID THEY SAY FEELS THE **WORST**?
[Participants allowed to choose one emotion]



The third "worst" was jealousy for girls, and sadness for boys.

WHICH EMOTION DID THEY SAY FEELS THE **BEST**?
[Participants allowed to choose one emotion]



Many girls chose love, but no boys did. Nearly all boys chose happiness.